



Term One Canteen Menu

BREAKFAST

| | | |
|---|-------|--------|
| Egg with Toast | ● ● 🔥 | \$5.00 |
| <i>Choice of egg, omelet, sunny side pouched, fried scrambled</i> | | |
| French Toast | 🔥 ● | \$4.00 |
| <i>Bread, egg/cheese</i> | | |
| Toasted Sandwich | ● ● 🔥 | \$3.00 |
| <i>Bread, egg/cheese, tomatoes, lettuce</i> | | |
| Muesli | ● | \$4.00 |
| <i>Oats, fruits, sultanas</i> | | |
| Flavoured Yogurt | ● | \$1.50 |
| Plain Roti | 🔥 | \$1.00 |
| Boil Egg | ● | \$1.00 |

FRUITS

Price of fruits will vary depending on season

| | |
|-----------------------|--------------|
| Apple (small / large) | \$1.50 / \$2 |
| Orange | \$2.00 |
| Watermelon | \$2.00 |
| Pineapple | \$1.50 |
| Pear | \$2.00 |

SNACKS

| | |
|---------------|--------|
| Brownies | \$2.50 |
| Cereal | \$1.50 |
| Cookies | \$2.00 |
| Nature Valley | \$2.50 |

RECESS

| | |
|--|-----------|
| Fruit Salad | \$7.00 |
| <i>Apple, pear, oranges, watermelon, pineapple</i> | |
| Salad | \$3.00 |
| <i>Carrot, cucumber, celery, hummus</i> | |
| Burgers | \$6.50 |
| <i>Choice of meat (chicken, beef) salad, mayonnaise, pepper, salt</i> | |
| Meat Sandwich | \$5.50 |
| <i>Chicken, Egg, Tuna, \$1 Extra Cheese</i> | |
| Veg Sandwich | \$5.00 |
| <i>Cheese, salad</i> | |
| Meat Pie small / large | \$3 / \$5 |
| <i>Chicken</i> | |
| Chicken Wrap | \$5.00 |
| <i>Tortilla, carrot, cucumber, tomatoes, English/red, cabbage, lettuce, mayonnaise, salt pepper.</i> | |
| Veg Wrap | \$4.00 |
| <i>Hummus, carrot, cucumber, lettuce, tomatoes</i> | |
| Beef or Chicken roti parcel | \$3.50 |
| <i>● 🔥</i> | |
| Tuna & Potato roti parcel | \$2.00 |
| <i>● 🔥 ●</i> | |
| Vegetable curry roti parcel | \$2.00 |
| <i>● 🔥</i> | |
| Egg roti parcel | \$2.00 |
| <i>● ● 🔥</i> | |

NOTE

Strictly all orders close at 10am
 Fridays Only for Primary Students - Milo, Kool Pop, Blitz & Chock Attack
 Primary Students only one pc Roast chicken \$8.50
 Staff home takeaway orders need to be placed by 10am.

BEVERAGES

| | |
|------------------------------------|--------|
| Apple Juice 250ml | \$2.50 |
| <i>Only for Secondary Students</i> | |
| Fiji water 500ml | \$2.50 |
| <i>Fiji water 1.5L</i> | |
| Orange Juice | \$2.50 |
| Lemonade | \$3.00 |
| Anchor Milk | \$2.50 |
| Milo | \$3.50 |
| Kool Pop | \$1.00 |
| Chock Attack | \$1.60 |
| Blitz | \$1.60 |



CAFE VAI

| | Small | Regular |
|----------------|--------|---------|
| Cappuccino | \$4.00 | \$5.00 |
| Chai Latte | \$4.00 | \$5.00 |
| Espresso | \$4.00 | \$5.00 |
| Long Black | \$4.00 | \$5.00 |
| Flat White | \$4.00 | \$5.00 |
| Hot Chocolate | \$4.00 | \$5.00 |
| Latte | \$4.00 | \$5.00 |
| Mocha | \$4.00 | \$5.00 |
| Iced Coffee | | \$6.00 |
| Iced Chocolate | | \$7.50 |

Foods & salads

MONDAY

BUFFLO CHICKEN WRAP \$6.00

Chicken, Salad, Garlic Aioli, Tortilla 

CHICKEN SUB \$6.00

Chicken, cucumber, lettuce, tomato, onion, mayonnaise

ROAST CHICKEN \$11.00

Chicken, Gravy, Kumala served with Salad

TUESDAY

PANCAKE

 \$3.00
Flour, Egg, Sugar, Vanilla, Baking powder, Butter
(Please ask for Syrup)

TUNA PASTA SALAD \$7.50

Cucumber, Tomato, Carrot, Tuna, Mayonnaise

GRILLED FISH \$11.00

Mash Potato, Lemon sauce, Garlic, Onion, Herbs

WEDNESDAY

TANDOORI WRAP

 \$6.00
Chicken, Salt, Pepper, salad, raita Tandoori, Garlic

HOTDOG

 \$5.50
Ketchup, mayonnaise, cheese, mustard

TANDOORI CHICKEN

 \$11.00
Chicken, Fries, Salad, Yogurt and served with raita

THURSDAY

MINI PIZZA

 \$4.50
Chicken, Cheese, Pizza Sauce Herbs,

CHICKEN SALAD W/PASTA

 \$7.50
Chicken, cucumber, lettuce, tomato, onion, mayonnaise, seasoning

ROAST LAMB NECK

 \$12.00
Roast lamb neck served with Cassave, Salad, onion gravy

FRIDAY

EGG BUNS

 \$5.00
Ketchup, Mayonnaise, Cheese

CHEESE LOAF

 \$8.50
Chicken, cheese, Chilli, mayonnaise, Salad

ROAST CHICKEN

 \$11.00
w/PASTA
Chicken, Soya, Sauce, Garlic, Ginger, Pasta, Gravy, Salad

Lunch - Hot Meals

CHICKEN IN BLACK BEAN SAUCE

Sml:\$8.50/L:\$11.00 

Chicken Onion, Garlic, Ginger, Carrot, Black bean sauce served with Rice

BONE BUTTER CHICKEN ROTI/RICE

Sml:\$8.50/L:\$11.00

Chicken, Garlic, Yogurt, Onion, Ginger, Butter sauce, Cream, Spices, Cream 

SOY CHUNKS FRIED RICE

Sml:\$8.50/L:\$10.00

Carrot, Capsicum, Soya Sauce, Cabbage, Cucumber, Garlic, Onion

CHICKEN CHOPSUEY

Sml:\$8.50/L:\$11.00 

Carrot, Onion, Garlic, Ginger, Cabbage Cornflour, Cucumber, Rice

FISH CURRY

Sml:\$8.50/L:\$11.00 

Fish, Garlic, Ginger, Onion, Spices, Coconut cream and served with Rice

VEG CHOWMEIN

Sml:\$8.50/L:\$10.00 

Carrots, Cucumber, Garlic Ginger, Seasoning, Onion served with Noodles

BONE LAMB IN SOYA SAUCE

Sml:\$9.00/L:\$12.00 

Lamb, Onion, Garlic, Ginger, Carrot, Capsicum, oyster sauce served with Rice

FISH AND CHIPS

Sml:\$8.50/L:\$11.00 

Flour, Garlic, Pepper, Cornstarch, Baking powder, Vinegar, Salt, Fries, Egg, Cajun spice

VEG STIRFRY

Sml:\$8.50/L:\$10.00 

Carrot, Capsicum, Soya Sauce, Cabbage, Cucumber, Garlic, Onion

CHICKEN CHOWMEIN

Sml:\$8.50/L:\$11.00 

Chicken, Carrot, Cucumber, Cabbage, Onion, Ginger, Garlic, Noodles

SPAGHETTI BOLOGNESE

\$10.00 

Chicken, Garlic, Mix Herbs, Ginger, Tomato Puree. 

MATTAR PANEER w/ ROTI/RICE

Sml:\$8.50/L:\$10.00 

Peas, Tomatoes, Yogurt, Cream, Onion, Ginger/garlic, Turmeric, Chilli powder, Coriander, Cumin served with Roti/Rice

CHICKEN CURRY

Sml:\$8.50/L:\$11.00 

Chicken, Garlic, Onion, Spices, Ginger, Rice/Roti

CHICKEN SWEETCORN SOUP

Sml:\$8.50/L:\$11.00 

Chicken, sweetcorn, egg white, pepper

ALOO CHANA

Sml:\$8.50/L:\$10.00 

Potato, Chickpeas, Garlic, Onion served with Roti/Rice