



Term Four Canteen Menu

SIDES

Flavoured Yogurt 	\$1.50
Plain Roti 	\$1.00
Boil Egg 	\$1.00
Plain Rice	\$2.00

FRUITS

Price of fruits will vary depending on season

Apple	\$1.50
Orange	\$2.00
Watermelon	\$2.00
Pineapple	\$2.00
Pear	\$2.00

SNACKS

Cakes	\$4.00/\$5.00
Cereal	\$1.50
Nature Valley	\$2.50
Meusli	\$5.00

RECESS

Fruit Salad <i>Seasonal fruits</i>	\$6.00
Salad	\$3.00
Burgers <i>Chicken, salad, mayonnaise, pepper, salt</i>	\$6.50
Meat Sandwich <i>Chicken / Tuna, \$1 Extra Cheese</i>	\$5.50
Veg Sandwich <i>Cheese, salad</i>	\$5.00
Meat Pie <i>Chicken</i>	\$5
Chicken Wrap 	\$5.50
<i>Tortilla, carrot, cucumber, tomatoes, English/red, cabbage, lettuce, mayonnaise, salt pepper.</i>	
Veg Wrap 	\$5.00
<i>Mayo (egg free), carrot, cucumber, lettuce, tomatoes</i>	

Beef or Chicken roti parcel 	\$3.50
Tuna & Potato roti parcel  	\$2.00
Vegetable curry roti parcel 	\$2.00
Egg roti parcel  	\$2.00
Sushi sliced in container (tuna/veg/chicken)   	\$10.00
Sushi triangle    (tuna/veg/chicken)	\$6.00

BEVERAGES

Apple Juice 250ml	\$2.50
Apple Juice 1L <i>Only for Secondary Students</i>	\$4.00
Fiji water 500ml	\$2.50
Fiji water 1.5L	\$4.50
Orange Juice	\$2.50
kool pop	\$1.00
Rewa Milk	\$2.50
Milo	\$3.50
Pacific Split	\$1.60
Chock Attack	\$1.60
Blitz	\$1.60



CAFE VAI

	Small	Regular
Cappuccino	\$4.00	\$5.00
Chai Latte	\$4.00	\$5.00
Espresso	\$4.00	\$5.00
Long Black	\$4.00	\$5.00
Flat White	\$4.00	\$5.00
Hot Chocolate	\$4.00	\$5.00
Latte	\$4.00	\$5.00
Mocha	\$4.00	\$5.00
Iced Coffee		\$6.00
Iced Chocolate		\$7.50

NOTE

Strictly all orders close at 10am

Fridays Only for Primary Students - Milo, Blitz & Chock Attack

Primary Students only one pc Roast chicken \$8.50

Staff home takeaway orders need to be placed by 10am.

Foods & salads

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOTDOG   \$5.50
Ketchup, mayonnaise, cheese, mustard

CHEESY WEDGES    \$6.00
Cheese, pineapple, salsa

ROAST CHICKEN    \$11.00
Chicken, Gravy, Kumala served with Salad

CHICKEN CLUB SANDWICH \$6.00
Chicken, mayo, cheese,  
egg, salad

CORN DOG     \$5.00
Chicken sausage, flour, egg, seasoning

GRILLED FISH  \$11.00
Mash Potato, Lemon sauce, Garlic, Onion, Herbs, seasoning

BUFFLO CHICKEN WRAP \$6.00
Chicken, Salad, Garlic Aioli, Tortilla  

PANCAKE       \$3.00
Flour, Egg, Sugar, Vanilla, Baking powder, Butter
(Please ask for Syrup)

CHICKEN KEBAB   \$11.00
served with cassava & Salad

CHICKEN SUB       \$6.00
Chicken, cucumber, lettuce, tomato, onion, mayonnaise

TANDOORI WRAP       \$6.00
Chicken, Salt, Pepper, salad, raita Tadoori, Garlic

TANDOORI CHICKEN      \$11.00
Chicken, Fries, Salad, Yogurt and served with raita

CHICKEN PIZZA   \$5.00
Chicken, Cheese, Pizza Sauce Herbs

EGG BUNS     \$5.00
Ketchup, Mayonnaise, Cheese

ROAST CHICKEN w/PASTA   \$11.00
Chicken, Soya, Sauce, Garlic, Ginger, Pasta, Gravy, Salad

Lunch - Hot Meals

CHICKEN STIRFRY        Sml:\$8.50/L:\$11.00
Chicken Onion, Garlic, Cabbage, Cucumber, Carrot, soya sauce served with Rice

SAUSAGE & WEDGES   Sml:\$8.50/L:\$11.00
Chicken sizzlers, coleslaw

VEG STIRFRY   Sml:\$8.50/L:\$10.00
Carrot, Soya Sauce, Cabbage, Cucumber, Garlic, Onion

CHICKEN & CHIPS     Sml:\$8.50/L:\$11.00
Flour, Garlic, Pepper, Cornstarch, Salt, Fries, Egg, coleslaw

CHICKEN IN BLACK BEAN SAUCE      Sml:\$8.50/L:\$11.00
Chicken Onion, Garlic, Ginger, Carrot, Black bean sauce served with Rice

VEGETARIAN FRIED RICE      Sml:\$8.50/L:\$11.00
Mixed veggies Onion, Garlic, Ginger, soya sauce

CHICKEN CHOWMEIN     Sml:\$8.50/L:\$11.00
Chicken, Carrot, Cucumber, Cabbage, Onion, Ginger, Garlic, Noodles

CHICKEN NACHOS      Sml:\$8.50/L:\$11.00
Chicken, tortilla, flour, constarch, seasoning, cheese, pineapple salsa

VEGETARIAN CHOWMEIN      Sml:\$8.50/L:\$10.00
Carrots, Cucumber, Garlic Ginger, Seasoning, Onion served with Noodles

CHICKEN IN OYSTER SAUCE     Sml:\$8.50/L:\$11.00
Chicken Onion, Garlic, Ginger, Carrot, oyster sauce served with Rice

FISH AND CHIPS     Sml:\$8.50/L:\$11.00
Flour, Garlic, Pepper, Cornstarch, Baking powder, Vinegar, Salt, Fries, Egg, Cajun spice

ALOO CHANNA ROTI/RICE  Sml:\$8.50/L:\$10.00
Potato, chick peas, Garlic, Onion

BUTTER CHICKEN ROTI/RICE     Sml:\$8.50/L:\$11.00
Chicken, Garlic, Yogurt, Onion, Ginger, Butter sauce, Cream, Spices,

SPAGHETTI BOLOGNESE     Sml:\$8.50/L:\$11.00
Chicken, Garlic, Mix Herbs, Ginger, Tomato Puree.

MATTAR PANEER ROTI/RICE   Sml:\$8.50/L:\$10.00
Cottage cheese, Paneer masala, peas, spices, yoghurt, cream

Allergy Symbols

Soya Sesame Nuts Mustard Gluten Egg Dairy Chillies Fish Pineapple Non-Halal Crustaceans

